



POKÉGNEK YAJDANAWA

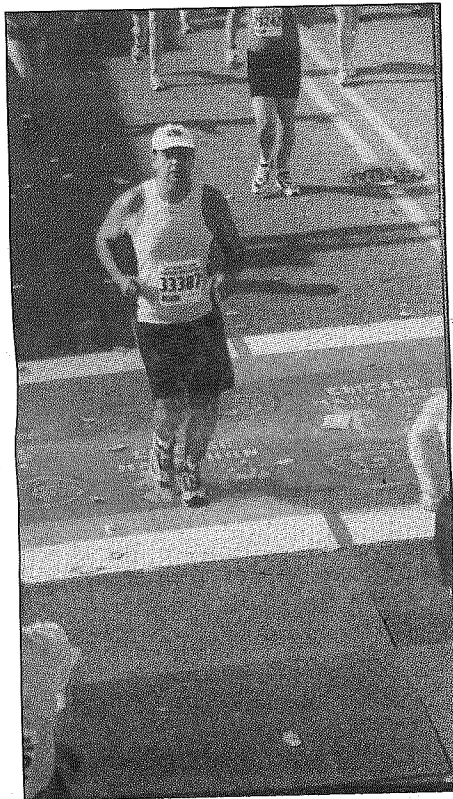
“The Pokagons Tell it”

901 Spruce Street, P.O. Box 180, Dowagiac, MI 49047

Vol. V, No. XII

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PERSONAL VICTORY



Tribal member John Warren ran his first marathon, the Chicago Marathon in October 2000. John finished the 26-mile marathon in 5 hours.

After being diagnosed with Type II Diabetes in the fall of 1999 John decided to take control of his health. He began a strict health regimen that included diet and exercise and through this regimen found a passion for distance running.

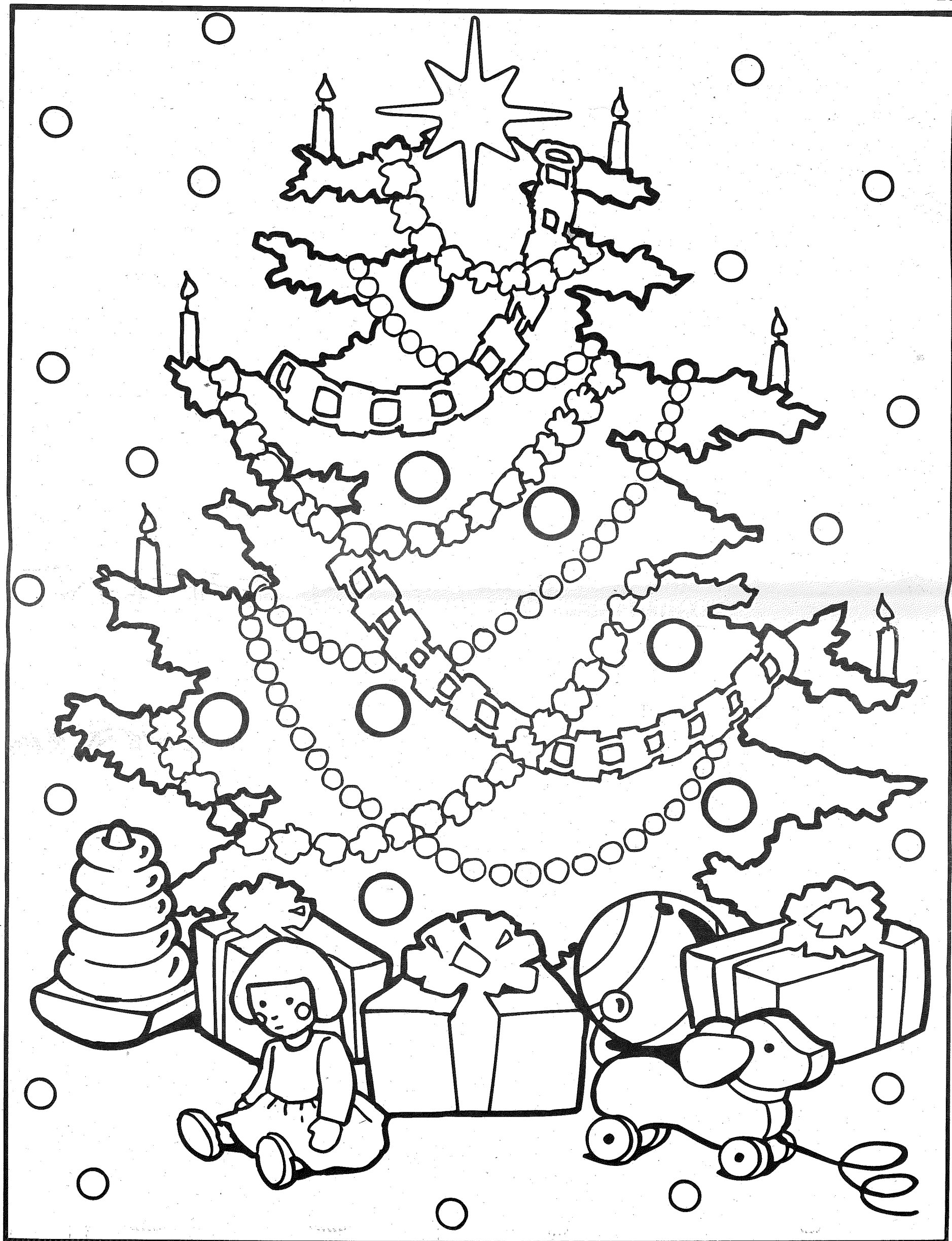
John has since become a member of Team Diabetes, a team that raises funds for the American Diabetes Association. He will travel with the team to Rome, Italy in March 2001 to run in the Annual Rome Marathon. Any

one who would like to make a *contribution to Team Diabetes in John's honor can do so by making a check out to the American Diabetes Association and send to: 660 North King Road Bremen, Indiana 46506. Money raised goes toward research for the cure for Diabetes.

***Contributions are Tax Exempt**

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Meeting Called to Order at: 7:07p.m. by John Miller, Tribal Chairman.

Invocation Given by: John Miller.

Roll Call: John Miller, Tom Morris, Marj Reno, Tom Wesaw, Jr., Henry White, Faye Wesaw and Trudy Loeding.

Absent: Ernie Daisy (work), Alice Overly (ill), John Warren (other commitment), Marie Manley (medical).

Also in Attendance: Jessica Webster (interviewee) and TrudyJo Ware (NATIVESUN Consultant).

ISSUES AT HAND:

TRIBAL OPERATIONS MANAGER INTERVIEW

Motion to Adjourn was made by Faye Wesaw and 2nd by Marj Reno with voice approval at 8:40p.m.

Marie Manley
Tribal Council Secretary

Date

Holiday Pictures for the Kids to Color



POKAGON BAND OF POTAWATOMI INDIANS
TRIBAL COUNCIL
WITH STRATEGIC ACTION PLAN COMMITTEE
SEPTEMBER 28, 2000
7:00P.M.

Meeting Called to Order at: 7:00p.m. by John Miller, Tribal Chairman.

Invocation Given by: John Miller

Roll Call: Ernie Daisy, Tom Morris, Alice Overly, Tom Wesaw, Jr., John Warren, John Miller, Marie Manley, Henry White, Faye Wesaw and Trudy Loeding (arrived at 7:01p.m.).

Absent: Marj Reno (ill).

Also in Attendance: Jeffrey Riley, JoEllen Leith, Kathy Deka, Kenneth Antisdel, Judy Winchester, Jessie Ballew, Kevin Daugherty and Christine Daugherty.

Minutes Taken by: Marie Manley, Tribal Council Secretary and Kelly Curran, Executive Secretary to Tribal Council.

ISSUES AT HAND:

Working Session

MEETING ADJOURNED by Alice Overly and 2nd by Faye Wesaw with voice approval at 8:40p.m.

Marie Manley
Tribal Council Secretary
Date

POKAGON BAND OF POTAWATOMI INDIANS
TRIBAL COUNCIL
WITH BECKY FISHER/STEPHEN BLANN
OCTOBER 2, 2000
7:00P.M.

Meeting Called to Order at: by John Miller, Tribal Chairman

Invocation Given by: John Miller

Roll Call: John Miller, Alice Overly, Ernie Daisy, Tom Morris, Marj Reno, Tom Wesaw, Jr., Marie Manley, Henry White and Faye Wesaw.

Absent: John Warren (family illness) and Trudy Loeding (funeral).

Also in Attendance: Stephen Blann - Finance, Becky Fisher - Compliance, Kenneth Antisdel - Interim T.O.M., Kathy Deka - Education Director and Christine Daugherty.

ISSUES AT HAND:

PROGRAMS BUDGETS

FINANCE BOARD BY-LAWS/ORDINANCE

Motion to Adjourn was made by Marj Reno and 2nd by Faye Wesaw with voice approval at 10:15p.m.

Marie Manley
Tribal Council Secretary
Date

POKAGON BAND OF POTAWATOMI INDIANS
TRIBAL COUNCIL WITH ROB GIPS
OCTOBER 3, 2000

Meeting Called to Order at: 7:07p.m. by John Miller, Tribal Chairman.

Invocation Given by: John Miller

Roll Call: John Miller, Alice Overly, Marj Reno, Tom Wesaw, Jr., Marie Manley, Henry White, Faye Wesaw and Trudy Loeding.

Absent: John Warren (personal business) , Tom Morris (not feeling well), Ernie Daisy (work commitment).

Also in Attendance: Rob Gips - Tribal Attorney, conferenced in, and Marchell Wesaw - Indian Affairs Consultant.

ISSUES AT HAND:

LAW ENFORCEMENT/BUDGETING

NEW BUFFALO LAW ENFORCEMENT ENTITIES
JURISDICTIONAL CROSS- DEPUTIZATION

LEGAL FEES

ATTORNEY TASK LIST REVIEW

Motion to Adjourn was made by Tom Wesaw, Jr. and Trudy Loeding with voice approval at 9:40p.m.

Marie Manley
Tribal Council Secretary
Date

POKAGON BAND OF POTAWATOMI INDIANS
TRIBAL COUNCIL WITH ROB GIPS
OCTOBER 3, 2000

Meeting Called to Order at: 7:07p.m. by John Miller, Tribal Chairman.

Invocation Given by: John Miller

Roll Call: John Miller, Alice Overly, Marj Reno, Tom Wesaw, Jr., Marie Manley, Henry White, Faye Wesaw and Trudy Loeding.

Absent: John Warren (personal business) , Tom Morris (not feeling well), Ernie Daisy (work commitment).

Also in Attendance: Rob Gips - Tribal Attorney, conferenced in, and Marchell Wesaw - Indian Affairs Consultant.

ISSUES AT HAND:

LAW ENFORCEMENT/BUDGETING

NEW BUFFALO LAW ENFORCEMENT ENTITIES
JURISDICTIONAL CROSS- DEPUTIZATION

LEGAL FEES

ATTORNEY TASK LIST REVIEW

Motion to Adjourn was made by Tom Wesaw, Jr. and Trudy Loeding with voice approval at 9:40p.m.

Marie Manley
Tribal Council Secretary
Date



John W. Y Ernie D. Y Trudy L. Y
 Tom W. Y Alice O. Y

ALL IN FAVOR: 10, OPPOSED: 0, ABSENT: 1, ABSTAIN: 0. CARRIED.

RESOLUTION #3 made by John Warren and 2nd by Faye Wesaw.

NOW, THEREFORE BE IT RESOLVED: That the Pokagon Band of Potawatomi Indians hereby request to contract with the Bureau of Indian Affairs to provide Long-range Transportation Planning under the authority of P.L.93-638.

John M. Y Tom M. Y Marj R. Absent
 Marie M. Y Henry W. Y Faye W. Y
 John W. Y Ernie D. Y Trudy L. Y
 Tom W. Y Alice O. Y

ALL IN FAVOR: 10, OPPOSED: 0, ABSENT: 1, ABSTAIN: 0. CARRIED.

RESOLUTION #4 made by Tom Wesaw, Jr. and 2nd by Ernie Daisy.

NOW, THEREFORE BE IT RESOLVED: Tribal Council agrees to donate \$150.00 to Special Kids.

John M. Y Tom M. Y Marj R. Absent
 Marie M. Y Henry W. Y Faye W. Y

John W. Y Ernie D. Y Trudy L. Y
 Tom W. Y Alice O. Y

ALL IN FAVOR: 10, OPPOSED: 0, ABSENT: 1, ABSTAIN: 0. CARRIED.

RESOLUTION #5 made by John Warren and 2nd by Alice Overly.

NOW, THEREFORE BE IT RESOLVED: Tribal Council approves the contract extension for Nancy Appel's personal services contract agreement as hereto attached.

John M. Y Tom M. Y Marj R. Absent
 Marie M. Y Henry W. Y Faye W. Y
 John W. Y Ernie D. Y Trudy L. Y
 Tom W. Y Alice O. Y

ALL IN FAVOR: 10, OPPOSED: 0, ABSENT: 1, ABSTAIN: 0. CARRIED.

Motion to adjourn was made by John Warren and 2nd by Alice Overly with voice approval at 8:45p.m.

Marie Manley
 Tribal Council Secretary

Date

POKAGON BAND OF POTAWATOMI INDIANS
 TRIBAL COUNCIL WITH FISH AND WILDLIFE
 SEPTEMBER 26, 2000

Meeting Called to Order at: 7:04p.m. by John Miller, Tribal Chairman.

Invocation Given by: John Miller

Roll Call: Tom Morris, Henry White, John Miller, John Warren, Alice Overly, Marj Reno, Faye Wesaw

Absent: Trudy Loeding (family obligation), Tom Wesaw, Jr., (unexcused), Ernie Daisy (unexcused).

Also in Attendance: Mark Parrish - Environmental Coordinator and Jeff Kiefer - Fish and Wildlife Agency and Kevin Daugherty - Community Development.

Minutes Taken by: Marie Manley - Tribal Council Secretary and Kelly Curran - Executive Secretary to Tribal Council.

Issues at Hand:

Fish and Wildlife Presentation - Jeff Kiefer

Motion to adjourn was made by John Warren and 2nd by Marj Reno at 7:47p.m.

Marie Manley
 Tribal Council Secretary

Date

POKAGON BAND OF POTAWATOMI INDIANS
 TRIBAL COUNCIL
 WITH ROB GIPS
 SEPTEMBER 27, 2000

Meeting Called to Order at: 7:05p.m. John Warren, Vice Chairman.

Invocation Given by: John Warren.

Roll Call: Ernie Daisy, Tom Morris, Alice Overly, Marj Reno, John Warren, Marie Manley, Henry White, Faye Wesaw and Trudy Loeding.

Absent: John Miller (family obligation) and Tom Wesaw, Jr. (other commitment).

Also in Attendance: Rob Gips - Tribal Attorney and Dan Amory - Tribal Attorney (conferenced in).

Minutes Taken by: Marie Manley, Tribal Council Secretary and Kelly Curran, Executive Secretary to Tribal Council.

Issues at Hand:

Gaming Agreements were reviewed.

Motion to Adjourn was made by: Faye Wesaw and 2nd by Henry White with voice approval at 9:28p.m.

Marie Manley
 Tribal Council Secretary

Date

POKAGON BAND OF POTAWATOMI INDIANS
 TRIBAL COUNCIL
 WITH STRATEGIC ACTION PLAN COMMITTEE
 SEPTEMBER 28, 2000
 7:00P.M.

Meeting Called to Order at: 7:00p.m. by John Miller, Tribal Chairman.

Invocation Given by: John Miller

Roll Call: Ernie Daisy, Tom Morris, Alice Overly, Tom Wesaw, Jr., John Warren, John Miller, Marie Manley, Henry White, Faye Wesaw and Trudy Loeding (arrived at 7:01p.m.).

Absent: Marj Reno (ill).

Also in Attendance: Jeffrey Riley, JoEllen Leith, Kathy Deka, Kenneth Antisdell, Judy Winchester, Jessie Ballew, Kevin Daugherty and Christine Daugherty.

Minutes Taken by: Marie Manley, Tribal Council Secretary and Kelly Curran, Executive Secretary to Tribal Council.

ISSUES AT HAND:

Working Session

MEETING ADJOURNED by Alice Overly and 2nd by Faye Wesaw with voice approval at 8:40p.m.

Marie Manley
 Tribal Council Secretary

Date



MEETING MINUTES



POKAGON BAND OF POTAWATOMI INDIANS
EXECUTIVE COMMITTEE MEETING
SEPTEMBER 28, 2000

Meeting Called to Order at: 9:02p.m. by John Miller, Tribal Chairman.

Invocation Given at Earlier Session.

Roll Call: John Miller, Tom Wesaw, Jr., John Warren and Marie Manley.

RESOLUTION #1 made by Tom Wesaw, Jr. and 2nd by Marie Manley.

NOW, THEREFORE BE IT RESOLVED: Tribal Council approves travel for Kathy Deka, Education Director, Marie Willis, Youth Programs Coordinator and Tara Painter, Youth Specialist to attend the National Indian Education Association Conference to be held October 28-November 1, 2000 in Sioux Falls, South Dakota. Costs to include GSA Vehicle mileage, lodging and per diem totaling approximately \$1500.00. Trip report to be submitted upon return. To be paid by the Education Department.

John M.	Y
Marie M.	Y
John W.	Abstain
Tom W.	Y

ALL IN FAVOR: 3, OPPOSED: 0, ABSENT: 0, ABSTAIN: 1. CARRIED.

RESOLUTION #2 made by Tom Wesaw, Jr. and 2nd by John Warren.
NOW, THEREFORE BE IT RESOLVED: Tribal Council agrees to pay airfare for Judy Winchester to attend American's for Indian Opportunity Alumni Gathering from October 4-6, 2000 in Palm Springs, California. Airfare totaling approximately \$346.50. Report to be submitted upon return.

John M.	Y
Marie M.	Y
John W.	Y
Tom W.	Y

ALL IN FAVOR: 4, OPPOSED: 0, ABSENT: 0, ABSTAIN: 0. CARRIED.

Motion to Adjourn was made by Tom Wesaw, Jr. and 2nd by Marie Manley with voice approval at 9:07p.m.

Marie Manley	Date
Tribal Council Secretary	

POKAGON BAND OF POTAWATOMI INDIANS
TRIBAL COUNCIL WITH ROB GIPS
SEPTEMBER 19, 2000
7:00P.M.

Meeting Called to Order at: 8:03p.m. by John Miller, Tribal Chairman.

Invocation Given by: John Miller.

Roll Call: Ernie Daisy, John Miller, Tom Morris, Alice Overly, Marj Reno, John Warren, Marie Manley, Henry White, Tom Wesaw, Jr. and Trudy Loeding.

Absent: Faye Wesaw (out of town).

Also in Attendance: Rob Gips - Tribal Attorney and Dan Amory - Drummond, Woodsum and MacMahon.

Minutes Taken by: Marie Manley, Tribal Council Secretary and Kelly Curran, Executive Secretary to Tribal Council.

ISSUES AT HAND:

ANALYSIS COMPARISON LAKES FEES

MANAGEMENT DEVELOPMENT AGREEMENTS

Motion to Adjourn was made by: Henry White and Alice Overly with voice approval at 9:07p.m.

Marie Manley	Date
Tribal Council Secretary	

POKAGON BAND OF POTAWATOMI INDIANS
TRIBAL COUNCIL WITH KAIGHN SMITH
SEPTEMBER 20, 2000
7:00P.M.

Meeting Called to Order at: 7:08p.m. by John Miller, Tribal Chairman.

Invocation Given by: John Miller.

Roll Call: Alice Overly, Marj Reno, John Warren, John Miller, Marie Manley, Henry White, Trudy Loeding and Tom Morris (arrived at 8:20p.m.).

Absent: Tom Wesaw, Jr. (other commitment), Faye Wesaw (out of town) and Ernie Daisy (other commitment).

Also in Attendance: Kaighn Smith-Tribal Attorney.

Minutes Taken by: Marie Manley, Tribal Council Secretary and Kelly Curran, Executive Secretary to Tribal Council.

LEGAL ISSUES

POLICE INQUIRIES AT GAGE STREET PROPERTY

ORDINANCES REVIEW

Motion to adjourn: Marj Reno and 2nd by Henry White at 9:56p.m.

Marie Manley	Date
Tribal Council Secretary	

POKAGON BAND OF POTAWATOMI INDIANS
TRIBAL COUNCIL MEETING
SEPTEMBER 21, 2000

Meeting Called to Order at: 7:00p.m. by John Miller, Tribal Chairman.

Invocation Given by: John Miller

Roll Call: John Miller, Ernie Daisy, Tom Morris, Alice Overly, Tom Wesaw, Jr., Marie Manley, Henry White, Faye Wesaw, Trudy Loeding, and John Warren (arrived at 7:26p.m.).

Absent: Marj Reno (ill).

Minutes Taken by: Marie Manley, Tribal Council Secretary and Kelly Curran, Executive Secretary to Tribal Council.

RESOLUTION #1 made by Marie Manley and 2nd by Alice Overly.

NOW, THEREFORE BE IT RESOLVED: Tribal Council approves the Executive Committee decision approving the "Elder Council" budget effective 8/31/00.

John M.	Y	Tom M.	Y	Marj R.	Absent
Marie M.	Y	Henry W.	Y	Faye W.	Y
John W.	Y	Ernie D.	Y	Trudy L.	Y
Tom W.	Y	Alice O.	Y		

ALL IN FAVOR: 10, OPPOSED: 0, ABSENT: 1, ABSTAIN: 0. CARRIED.

RESOLUTION # 2 made by John Warren and 2nd by Alice Overly.
NOW, THEREFORE BE IT RESOLVED: Tribal Council supports Jennie Brown, Tribal citizen to harvest one (1) black ash tree for basket making from the Gage Street property.

John M.	Y	Tom M.	Y	Marj R.	Absent
Marie M.	Y	Henry W.	Y	Faye W.	Y

ELDER'S COUNCIL MINUTES

POKAGON BAND OF POTAWATOMI INDIANS
 ELDER'S COUNCIL BUSINESS MEETING
 NOVEMBER 2, 2000 11:00 A.M.

Business meeting November 2, 2000. Membership Popular Vote all in favor: 20
 Opposed: 0 Abstain: 0 RESOLUTION ADOPTED

The minutes for the newsletter were unapproved.

Gerald Wesaw called the meeting to order at 11:01 a.m.

Clarence White gave the invocation.

Roll Call

Present: Gerald Wesaw, Marge Moody, Clarence White, Mary Jo Morris, and Rae Daugherty

Attendance: 28 Elders

Addition to agenda: Medicare Part B

Marge Moody moved to approve the agenda of November 2, 2000, with addition. Seconded by Rae Daugherty. All in favor: "aye" Opposed: 0 MOTION CARRIED

Marge Moody moved to approve the minutes of October 5, 2000. Seconded by Rae Daugherty. All in favor: "aye" Opposed: 0 MOTION CARRIED

Becky Price, RNC informed membership that if we want to make an appointment for acupuncture call Stephanie Ballew's office. Indian Health Services has a new type of glucometer and if you want to switch, call Becky. Becky also introduced a new CHR, Cindy Rapp.

Gerald Wesaw read a letter her received stating the Language Committee and Education Departments are holding a workshop and dinner for those who wish to preserve the Potawatomi language. This will be held on Sunday November 19, 2000 from 1:00-5:00 p.m. at the Elders Hall.

Gerald Wesaw asked membership if they wanted to make a donation to the American Diabetes Association. John Warren is running a marathon as a Team Diabetes Member. There were 16 yes votes. A resolution will be made at a later date.

Marchell Wesaw went over the Elder's Council By-Laws amendments with membership and they agreed to vote on a resolution today. Resolution #00-018, dated November 2, 2000. Made by Mary Jo Morris, seconded by Marge Moody. NOW, THEREFORE IT BE RESOLVED: That the Elder's Council shall adopt the amended By-Laws as hereto attached; with a membership popular vote at the Elder's Council

Marchell Wesaw went over the Elder's Council Ordinance amendments with membership and they agreed to vote on a resolution today. Resolution #00-019 dated November 2, 2000 made by Marge Moody, seconded by Rae Daugherty. NOW THEREFORE IT BE RESOLVED: That the Elder's Council proposes the attached additions to be incorporated into the Elder's Council Ordinance with a membership popular vote and being approved by Tribal Council. Membership popular vote all in favor: 20 Abstain: 0 Absent: 0 RESOLUTION ADOPTED

Marge Moody had a sign up sheet for a trip to the Van Andel Museum in Grand Rapids. There was also a sign up sheet for the American Indian Dance Theatre at Lake Michigan College Mendel Center February 25, 2001 at 7:00 p.m.

Clarence White informed membership that there will be a Three Fires get together December 4-7, 2000 in Sault Ste. Marie Michigan. A tentative agenda was faxed and there was a sign up sheet.

A resolution was read for the Elder's Annual Report. Resolution #00-020 dated November 2, 2000 made by Marge Moody seconded by Rae Daugherty. NOW, THEREFORE BE IT BE RESOLVED: Elder's Council recommends that the Elder's Council Chairperson prepare an Annual Report; being mailed to membership thirty (30) calendar days before the Elder's Council Membership Annual meeting held in September. All in favor: 5 Opposed: 0 Abstain: 0 Absent: 0 RESOLUTION ADOPTED

A resolution was read for the Elder's Medicare Part B. Resolution #00-021, dated November 2, 2000 made by Marge Moody, seconded by Rachel Daugherty. NOW THEREFORE IT BE RESOLVED: Elder's Council and membership is proposing an amendment to Elder's Council Resolution #00-005 dated March 2, 2000; hereto attached. The words added to read: Any increases in Medicare Part B shall be in effect as per Social Security regulations. Membership popular vote all in favor: 22 Opposed: 0 Abstain: 0 RESOLUTION ADOPTED

Announcement:

Thanksgiving luncheon November 16, 2000 11:00 a.m. at Elder's Hall

Rae Daugherty moved to adjourn at 12:30 p.m., seconded by Marge Moody. All in favor "aye" Opposed: 0 MOTION CARRIED

Submitted by: Mary Jo Morris, Elder's Council Secretary

11-9-00

ELDER'S CALENDAR

DECEMBER						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2
3	4 GEROBICS 10:00A.M. - 11:00A.M.	5	6 GEROBICS 10:00A.M. - 11:00A.M.	7	8	9 TRIBAL COUNCIL MEETING 10:00A.M.
10	11 GEROBICS 10:00A.M. - 11:00A.M.	12	13 GEROBICS 10- 11am NUTRITION CLASS 11- 12pm FOOT CLINIC 12- 4pm	14 ELDER'S CHRISTMAS PARTY 11A.M. - 4P.M.	15	16
17	18 GEROBICS 10:00A.M. - 11:00A.M.	19	20 GEROBICS 10:00A.M. - 11:00A.M.	21 TRIBAL COUNCIL MEETING 7:00 P.M.	22	23
24	25 NO GEROBICS	26	27 NO GEROBICS	28	29	30
31						

ANNOUNCEMENTS

Happy Belated Birthday
Maggie Parrish
Nov. 21
Love Grandma & Grandpa

Happy Belated Birthday
Mark Parrish Nov.29
Love Mom & Dad

Happy Belated Birthday
Sarah Valdes Nov. 26
Love Mom

Happy Birthday
John Hoekstra December 31.
Love Kim, Fred, Brittainy
and Corey.

Happy Birthday
Karen Spicher-Dec.17
Tim Heffington-Dec.19
Cindy Barnhouse-Dec.23
Marcia Brown-Dec.24
Love-Mom

Happy Birthday
December 26th
Amanda Spicher-
Love Grandma

Happy Birthday
Carol Martin-Dec.5 •
Johnny Parker-Dec.9
Love Aunt Stella.

Happy Birthday
Terry Daisy Dec.3rd
Love Pokagon Band

**Happy Fourth
Birthday**
Carolina
Gezick Delgado
November 16, 1996
Love Mom, Grandpa,
Grandma,
Deacon Frost, and
Gagey Wagey

Congratulations
Julius Willams
on acing the
bar exam
and
graduating
University of Notre
Dame Law School!

Congratulations
Jacob A. Worthington, son of
Dee Brooks, on completing basic
training camp for the Marines at
Camp Pendleton.



Happy 2nd Birthday
Sarah Quinn Rice
December 17th



Daughter of Ginny Wesaw & Scott Rice
Granddaughter of Debi (Wesaw) Yerington
& Pete Yerington
Great Granddaughter of Sam Wesaw

We love you Punkin!



The Luncheon Benefit for Gordon "Butch" Wesaw held at Elders Hall on October 27, 2000 was a great success. The Wesaw family and friends would like to thank everyone involved. A Special Thank You to John Morseau for making this happen. Donations totaling \$520 were given to Groner Funeral Home to go toward funeral expenses. We thank you for all your generosity, thoughts and prayers. Butch is smiling down on us!



**Happy 2nd Birthday to
Cheyenne Harmon
On December 29th**
Love Always,
Mommy and Daddyl

**TO EVERYONE WHO LOVES SOMEONE
IF I KNEW IT WOULD BE THE LAST TIME**

*If I knew it would be the last time that I'd see you fall asleep,
I would tuck you in more tightly and pray the Lord your soul to keep.*

*If I knew it would be the last time that I'd see you walk out of the door,
I would hug you and kiss you and call you back for one more.*

*If I knew it would be the last time to spare an extra minute or two,
I'd stop and say "I love you", instead of assuming that you know I do.*

*If I knew it would be the last time I would be there to share your day,
Well, I'm sure you'll have many more, so I'll let this one slip away.*

*For surely there is tomorrow to make up for an oversight,
And we'll always get a second chance to make everything all right.*

*There will be another chance to say our "I love you's",
And certainly there's another chance to say our "Anything I can do's",*

*But just in case I might be wrong, and today is all I get,
I'd like to say how much I love you and hope we never forget.*

*Tomorrow is not promised to anyone, young or old alike,
And today might be your last chance to hold your loved one tight.*

*So if you're waiting for tomorrow, why not do it all today?
For if tomorrow never comes, you will surely regret the day,*

*That you didn't take the extra time for a smile, hug or kiss.
And surely not too busy to grant someone, what turned out to be their last wish.*

*So hold your loved ones close today and whisper in their ear.
Tell them how much you love them and that you'll always hold them dear.*

*Take the time to say "I'm sorry, please forgive me, thank you or it's okay",
And if tomorrow never comes, you'll have no regrets about today.*

Apologize and start new and tell the one who loves you, that you love them too!

-Anonymous

December Birthdays

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2 John Pokagon Michele Curran Kimmy Morsaw
3 Terry Daisy Judy Raymond	4 Tracy Wesaw Karen Tillman	5 David Wesaw Nash Wilkenson Steve Tate	6	7 Anita Margiotta Alyson Boffo	8	9 Sue Andrews Johnny Parker
10 Becky Kirst	11 Gregory D. Ballew John Gustofson	12 Philip Brown Buddy Stevenson Karen Goss Alec Rice	13	14 Lee Wattles	15 Rebecca Diamond Darlene Tate	16 Daniel Rapp Frances Daugherty
17 Sara Quinn Rice Karen Spicher	18 Jerry Raymond Shelly Galvan	19 Tim Heffington	20 Carol Lewis	21 Casey Linn Maggie Parrish	22 Taylor Morseau Kevin P. Daugherty	23 PJ Ashley Cindy Barnhouse
24 Brandy Genereaux Adam Kirst Marcia Brown	25 Linda Martin Barbara Miller Robert Drake	26 Michael Newcomer Amanda Spicher	27	28 Debra Mosier	29 Marie Manley Cheyenne Harmon Mark Parrish	30 Miriam Weyant
30 John Hoekstra Ernie Daisy						

December Events 2000

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
*All events at Elder's Hall unless noted.					1	2
3	4 Gerobics 10-11 am	5	6 Gerobics 10-11 am	7	8	9 Tribal Council Meeting 10:00 am
10	11 Gerobics 10-11 am	12	13 Gerobics 10-11am Nutrition Class 11-12pm Foot Clinic 12-4 pm	14 Elder's Christmas Luncheon 11 am	15	16
17 Children's Christmas Party 1:30 - 3:00 pm at Lewis Cass I.S.D.	18 Gerobics 10-11 am	19	20 Gerobics 10-11 am	21 Tribal Council Meeting 7:00 pm	22 CLOSED	23
24	25 CLOSED	26	27 Youth Health Awareness Screening 8-11 am	28	29 CLOSED	30
30						

Flu Vaccine Availability Delayed

The influenza vaccine manufacturing has been delayed with only limited amounts available to the public. This has also delayed availability to the Pokagon Band. Our distributor has informed us that the vaccine will not be available to us until possibly December 1, 2000. Because of this delay and limited amount we need to follow specific guidelines/requirements on who will first receive the vaccine. Please read the following requirements. The Pokagon Indian Health Office is only one of many agencies waiting for the vaccine. We would like to remind you if your Physician recommends you get the shot and he has it available to you, please do so. If you have any questions or concerns please call Becky Price, R.N.C. at 616-782-4141 or 1-888-440-1234.

Do you know your blood cholesterol/lipid or hemoglobin level?

If not, maybe we can help you. Here at the Pokagon Potawatomi Health Services, we are equipped to measure all these levels and more. With just a simple finger stick, we can monitor your total cholesterol including HDL (good), LDL (bad), triglycerides, total cholesterol/HDL ratio, your glucose (blood sugar), and your hemoglobin (detects anemia or low iron). Knowing these levels can help us to help you understand and learn how to maintain and improve your health.

These are free services for our Pokagon Members. Call and ask for one of our nurses to set up an appointment. The nurses are also available to answer any questions you may have on how we can help you monitor your health. Help us promote a healthy Pokagon community. Please call, 782-4141 or 1-888-440-1234.

Influenza Vaccine Distributing Requirements

The Influenza Vaccine has been a difficult Vaccine to manufacture this year. This has caused a delay in distribution and will cause a limited amount to be available to the Public. Not only the Pokagon Community but also the public in general. Because of this limited amount we need to follow specific guidelines on who will receive this vaccine. Hopefully we will receive enough for all Pokagon Members, but we will not receive the full amount all at once. Please understand that this is only to assure that those to whom it would become life threatening if they should contract the flu virus would be the people that are priority to receive the vaccine. You may receive the vaccine if you meet the following guidelines:

- If you are at risk of complications associated with the influenza disease.
- If you are diagnosed with a chronic/terminal illness.
- If you have been diagnosed with a chronic Respiratory disease.
- If you are over the age of 55.
- If you have a written order from your physician stating your health status requires the need for the influenza vaccine.

The Pokagon Band Indian Health Services want to thank you for your patience, understanding, and cooperation.

**Please remember if you are allergic to eggs or egg products you should not have the vaccine.

HOUSING NEWS

POKAGON BAND HOUSING AUTHORITY HOME REPAIR AND REHABILITATION PROGRAM

The Pokagon Band Housing Authority is now accepting applications for assistance under its home repair and rehabilitation program.

In order to receive rehabilitative assistance, an applicant must:

- Meet the Department of Housing and Urban Development's definition of low-income. These figures vary by county and by household size; please consult the Housing Authority regarding particular situations.
- Live in a substandard house as that term is defined in Title 25, Section 256 of the Code of Federal Regulations. Overcrowding, inadequate plumbing, heating, and electrical wiring typically characterize a substandard house.
- Carry flood insurance if the home is located in a flood-prone area.

Submit a completed application (including all supporting documentation) to the Pokagon Band Housing Authority, 714 N. Front Street, Dowagiac, Michigan, 49047 by 5:00 pm on Thursday, November 30, 2000.

After November 30, the Board of Commissioners will review, rate, and rank all applicants, affixing priority consideration to the following categories:

- Enrolled members of the Pokagon Band of Potawatomi Indians**
- The Elderly (persons age 55 and over)**
- The Handicapped**
- Persons with very low household incomes**
- Families with minor children**
- Veterans**

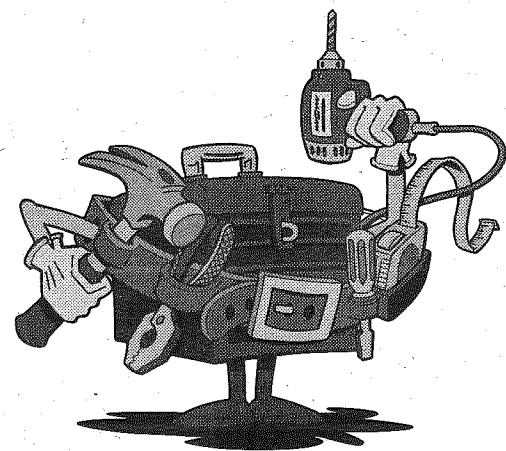
The Housing Authority will then distribute program resources in rank order until moneys reserved for this particular cycle are exhausted. The Housing Commissioners reserve the right to reconfigure the rank order when an applicant's living environment presents an imminent health or safety risk.

The Housing Commissioners will initiate a new program cycle on or near January 1, 2001.

Please be advised, the Housing Authority must restore substandard homes to decent conditions; it cannot remodel, renovate, or modernize homes.

If you have any questions about the program, please call Amanda Proctor or Keith ("Butch") White of the Pokagon Band Housing Authority at (616)-783-0385. If you are elderly, homebound, or otherwise need assistance in completing the necessary forms, please contact the Housing Authority and we will arrange for a home visit.

Thank you in advance for observing these guidelines and for ensuring a fair distribution of Housing Authority resources.



**Nancy Appel, R.D.
Registered Dietitian
Offering Nutrition Services for
Pokagon Band Members**

**Meal Planning for Diabetes Management
And
Strategies for Improved Blood Sugar Control**

**Diet counseling for Weight Management
(Customized to include preferred foods and lifestyle)**

Diet Therapy for nutrition-related disease

Meal Planning for the Entire Family

Infant / Child Nutrition Education

Prenatal Nutrition Counseling

Nutrition classes also being offered to Elders
2nd and 4th Wednesday of each month
11:00 a.m. @ Elders Hall

Coming Soon!!!

Diabetes and Weight Management class for any Pokagon
Band members interested in attending on a bi-weekly
Basis (lunch hour)
Call Nancy @ Health Services: (888)440-1234

**ATTENTION!! ATTENTION!!
TO ALL POKAGON BAND MEMBERS**

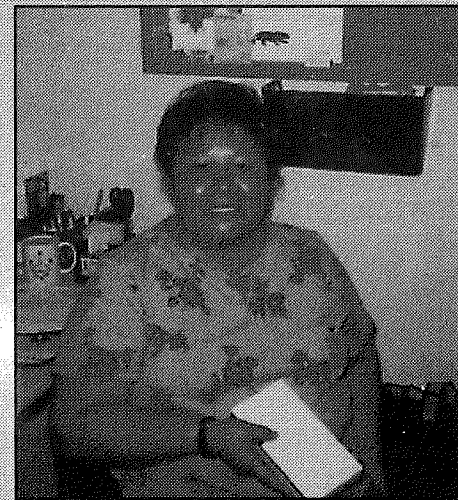
Did you know that Diabetes is more of a threat to our Native American Communities than any other disease in our history? In some tribal communities half of all adults have this serious disease. To better educate and inform our communities on prevention and control, we would like you to ask yourself these questions:

- Is any member of your family diagnosed with diabetes?**
- Have you felt more tired than usual?**
- Have you been urinating more frequently?**
- Do you have an increase in thirst, drinking more liquids than usual?**
- Have you felt light headed or shaky if you've missed a meal?**
- Have you felt compelled to keep a closer watch on your blood sugar level?**

If you have answered yes to 3 or more of these questions, you may have hyperglycemia or hypoglycemia. Your Pokagon Indian Health Services Diabetes Program is inviting you to call us and make an appointment to have your blood sugar checked. Also we have available the Hemoglobin A1C lab, This is a simple test with results in minutes. Please phone our office at 1-888-440-1234 or 782-4141 and request an appointment with one of our medical staff, either in the I.H.S office or for your convenience we will schedule a visit to your home.

Becky Price RNC
Diabetes Coordinator

**New addition to the Pokagon Indian
Health Services**



The Pokagon Indian Health Services would like to introduce a new member to our staff. We are fortunate to have Cynthia Rapp as a new addition to our Community Health Representative team. She has 21 years experience in Berrien General Hospital as Nursing Assistant in the O. B. unit. She looks forward in meeting the members and working in the Pokagon Band. We want to take this time to welcome her and tell her how glad we are that she has chosen to join our team.

New Glucometers

The Pokagon Health Diabetic Coordinator and participating members have reviewed a new glucometer produced by the Bayer Corp. and have discovered it to be an advantage to our members. We have decided to switch to the Elite XL glucometers. We have chosen this machine because it is more accurate in reading whole blood and plasma blood and the machine will also take a smaller amount of blood to get the reading, this means less trauma to the finger. If members are interested in changing to tff want to remind Members that holiday season is almost upon us, so take note of your medication supplies. The Health office will be closed Thursday and Friday, November 23rd and 24th for Thanksgiving, so call us with your prescriptions by November 22nd. Call us by December 21st, to get enough medication to last over Christmas, and by December 28th to cover the New Year's holiday. Most pharmacies in our area will want payment if there's not a purchase order, so it's best to plan ahead.

Ask your physicians about the coverage for your diabetic supplies. If you are a Medicaid or Medicare recipient you may also be eligible to receive certain diabetic supplies through these programs. Please talk to your physician about this very important issue and it may mean just having him write a prescription for your supply. There are only certain items that will be covered and you can check with your physician and pharmacist to see what items are covered for you. If you are not receiving assistance from these programs and have exhausted all other avenues for assistance in purchasing your diabetic supplies, please call our Health Office and we will review your case and needs. We appreciate your help in this matter and if you have any questions please call our Health Office and ask for Becky Price, RNC, at 1-888-440-1234 or 782-4141.

Staff from Contract Health Services will be available at the South Bend office every other Thursday, starting in December. Either Sue or John will be available to help you register for health services, answer questions about CHS, review your medical bills, and to schedule medical and dental appointments. You may call the Dowagiac office (888) 440-1234, if you wished to schedule an appointment with us in South Bend. Drop ins are welcome as well.

New Contract Health Services (CHS) Denial Letter

The Health Board and Tribal Council have urged our office to make the CHS process clearer. Our first step in this undertaking was to simplify the denial letters. We are making the letter more straightforward in appearance and in language. The terms and explanations will be printed on the letters our office sends out according to the reasons for denial. The first step of the appeal process will be printed on each denial letter as well. Following is a list of the explanations of the denial reasons used:

Reason: No prior approval for appointment. *This means you did not notify our office at least three days in advance of this non-emergency care.*

Reason: Emergency Service; No approval within 72 hours: *This means you did not notify our office within 72 hours of beginning this emergency care.*

Reason: Eligibility not established: *Your CHS patient registration is not complete.*

To complete your registration, send in a copy of your current:

Identification

- Tribal enrollment documentation
- Medical insurance enrollment card
- Dental insurance enrollment card
- Optical insurance enrollment card
- Prescription insurance enrollment card
- Description of insurance coverage/limitation
- Medicaid coverage verification
- MICHILD coverage information
- Indiana Healthy Kids information

Medicare enrollment verification
State Family Independence Agency/Department of Social Services denial of eligibility for Medicaid and/or other state medical assistance programs
Proof(s) of residence (in total, two current proofs required for the file)

Reason: Outside CHS Delivery Area: *You live outside the 10-county Contract Health Service Delivery Area.*

Reason: IHS facility available: *Comparable IHS direct services clinic and appointment times available within 45-mile radius of your current residence*

Reason: Ineligible non-Indian: *No proof of enrollment in an eligible American/Indian Alaska Native Tribe or Village*

Reason: Non-emergency service: *Billing coded for non-emergency diagnosis and treatment in an emergency facility. CHS funds cannot be released to pay for inappropriate use of emergency medical services.*

Reason: Not within medical priority: *Billed services are not within the Band's CHS-eligible medical priorities.*

Reason: Alternate Resources Available: *Charges can be billed to another party, program, or insurance carrier or could have been billed if client had applied for alternate resources. CHS pays only after other resources are exhausted. CHS will not pay if uninsured clients failed to apply to state or federal assistance.*

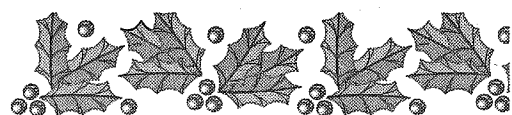
5th Annual Pokagon Women's Health Fair "Enjoyed by All who Participated"

The 5th annual Women's Health Fair held September 16, 2000 was an event enjoyed by all who attended. Pokagon Indian Health Services and the Van Buren Health Dept sponsored an all day event, pampering and screening everyone that participated.

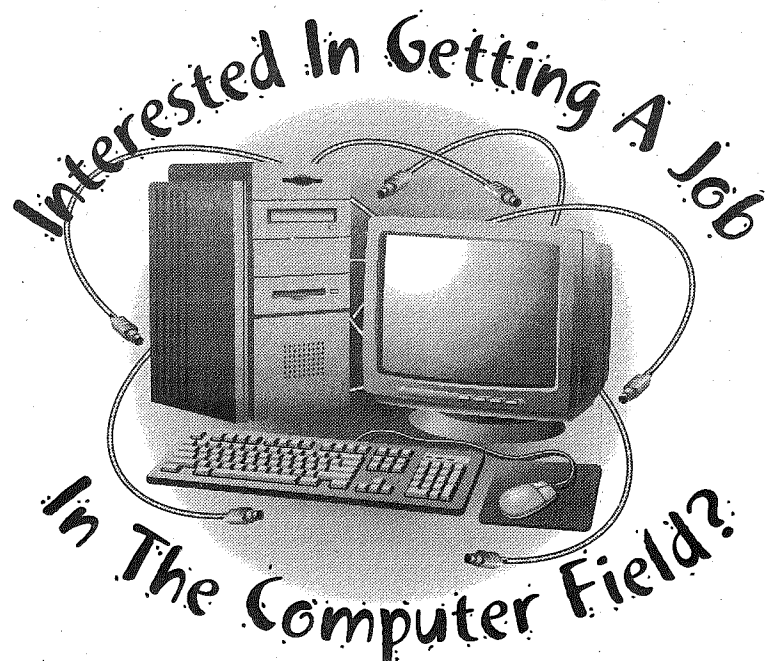
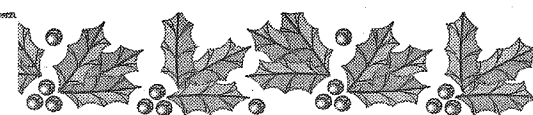
Presenters were invited from all around. We had manicures by Valerie Marks, Massages by Penny Christie and Cathy Oprea. Healing Hands by Janice Ackerson, self-defense by Carl Renaldi, Marie Myers massaged everyone's aches and pains away with her herbal ointments. Brad Ralston, Chiropractor, screened those who were interested. Officer, Sue Worely of Dowagiac represented the R.A.D. (Rape Aggression Defense) program. Mary Jane, LPN, representing the Lee Memorial Med Group, offered EKG's. All the Pokagon Medical Staff were present to assist everyone along with Joy Duff, LPN and her soothing Foot Care and Rebecca Price, RNC, performing Auricular Acupuncture. Pokagon Behavior Health representatives were Jeff Riley and Lorraine Day offering information and educational material from their Department. Lorraine was taking information from members who might be interested in starting a Women's Group. Jeff Riley also assisted Rebecca Price, RNC with her acupuncture classes. Mona Hale, RNCS, GNP, OGNP, and Terry Koshar, R.N., coordinated and cervical and breast exams. We also had a volunteer group of students from the Western Michigan School of Nursing that assisted at the Health Fair.

We want to thank all the people involved that helped make this event another success, especially Mona Hale, and Terry Koshar, R.N., who did a wonderful job with the clinical exams. We appreciate Keith Warner for the use of the facility. Keith has done a wonderful job helping with all our Health Fairs and is responsible in making it possible for the Pokagon Band to use the Van Buren Health Dept building and Intermediate school.

Everyone that visited received a gift bag and a T-shirt. We also offered Pokagon Health Folders that held an abundance of educational material and information on all the Pokagon programs that are available to the membership. The grand prizewinner of the Pendleton blanket went to Danielle Rapp. Congratulations Danielle! We will be planning our next Men's Annual Health Fair soon. So, please be watching your Newsletters for more updates on time and place. Hope to see you there.



EDUCATION



12/13/2000 Evening: 6 P.M.-8 P.M.

Those interested in a starting a career in the rapidly growing computer field should attend this seminar on December 12th from 6-8. You will learn what kinds of job opportunities are available, as well as what training and education you will need to get a job in this booming occupational field. Information will be available that can help lead you to financial assistance and job training opportunities. Contact Daniel Porter, Information System Specialist/Instructor, at (616) 782-8998 or (800) 517-0777 to register for the seminar. **Registration is required for attendance with limited availability, so sign up today.** Light Refreshments will be served.

Kids' After School Labs

12/18 Through 12/22 Afternoon: 2:30 P.M.-5 P.M.

We will be offering special after school kid's labs Monday through Friday Dec. 18 to the 22nd from 2:30 to 5:00. To help students with their homework, or to play educational games on the computer.

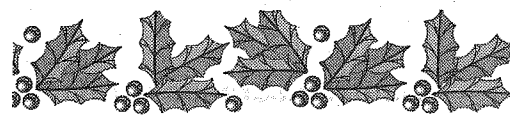
South Bend Office Computer Lab:

12/13/2000 Evening: 6 P.M.-8 P.M.

There will be a computer lab at the South Bend office for those in the South Bend area, this would be a great time to come in and try our computers and request computer classes for the South Bend area membership



HEALTH NEWS



YOUTH HEALTH AWARENESS SCREENING

WHO'S INVITED? POKAGON YOUTH, AGES: 10-18yrs
WHAT DATE? WEDNESDAY, DECEMBER 27, 2000
WHAT TIME? 8:00AM-11:00AM
WHERE? ELDERS HALL, 53237 TOWNHALL RD.,
 DOWAGIAC, MI.

Come and enjoy the snacks and fun, Parents learn what your child's blood sugar and cholesterol levels are!!



BEHAVIORAL HEALTH



Auricular Acupuncture Sessions Available

Auricular acupuncture sessions are now available to all Pokagon members that are interested. Stephanie Ballew and Rebecca Price are now taking appointments for individual sessions.

You may call the Behavioral Health Office at 1-877-622-2663, or 782-1142 and set up an appointment. We will soon be scheduling a weekly group session. Be watching for flyers or Newsletter articles on time and place.

This procedure is a drug free way that could possibly help you reduce your stress level, decrease your blood pressure, decrease anxiety, and help decrease those cravings for addictive behaviors (smoking, alcohol, etc.) and much more. Phone us today if you have any questions or if you would like information mailed to you. We look forward in seeing you.

Health Department staff want to remind Members that holiday season is almost upon us, so take note of your medication supplies. The Health office will be closed Thursday and Friday, November 23rd and 24th for Thanksgiving, so call us with your prescriptions by November 22nd. Call us by December 21st, to get enough medication to last over Christmas, and by December 28th to cover the New Year's holiday. Most pharmacies in our area will want payment if there's not a purchase order, so it's best to plan ahead.

YOUTH PROGRAMS

CHILDREN'S CHRISTMAS PARTY

SUNDAY, DECEMBER 17 - 1:30 TO 3:00 PM
BROOKSIDE LEARNING CENTER - LEWIS CASS ISD

61682 DAILEY RD
(6 MILES SOUTH OF SMC CAMPUS)

*Special
Guest
Appearance*



Children 13 years and younger who cannot attend the party can pick-up presents on one of these dates:

Monday, December 18th - South Bend Office 6-8pm

Tuesday, December 19 - Mattawan (Please call for exact time and location)

NEED DIRECTIONS? QUESTIONS? CALL YOUTH PROGRAMS AT 1-888-330-1234

BEADING CLASSES

The schedule for December's beading classes is as follows:

DOWAGIAC

Dowagiac Education Department
Wednesday, December 6 6-8pm

SOUTH BEND

South Bend Office
Wednesday, December 13 6-8 pm

Keeper's of the Fire Youth Council

Tuesday, December 12

South Bend Office

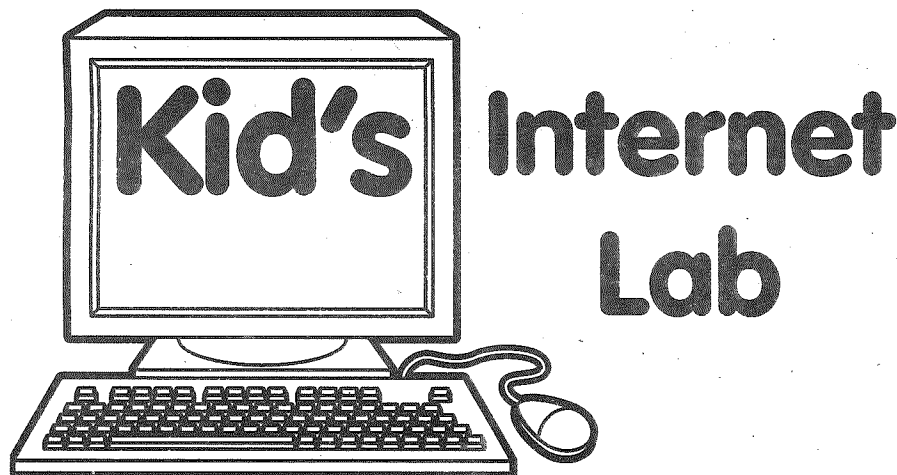
7-8pm

Math & Science Days

Wednesday, December 27

& Thursday, December 28

The Youth Programs will be having math and science related activities during the winter break at the Elder's Hall. On Wednesday, December 27, the activities will begin after lunch, and on Thursday, December 28, the activities will be all day. Students that are signed up for the Johnson O'Malley Program this year will receive information about the activities in the mail. Anyone interested can also contact the Education Department at 1-888-330-1234.



We will be having a kid's Internet lab on Wednesday, January 5th from 2 p.m. to 4 p.m.. Grades 2-8 are invited to participate in a group of Internet based activities.

Volunteers Needed

Youth Programs is looking for volunteers who could help with the children's Christmas party preparations. We need volunteers to help before the day of the party and on the day of the party. If you are interested, please contact Youth Programs at 1-888-330-1234.

South Bend Office Update

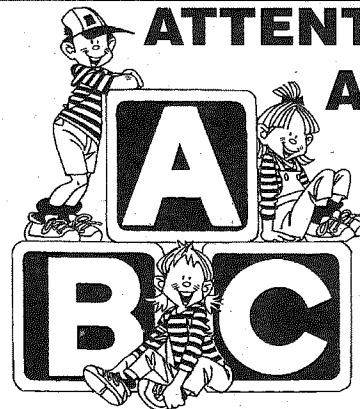
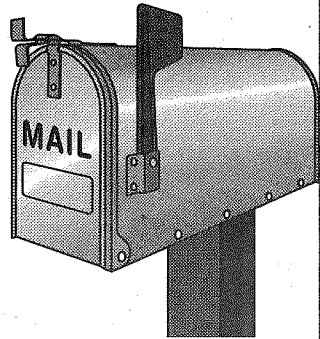
425 North Michigan St./South Bend, IN 46601
 Toll Free (800) 737-9223
 Ph: (219) 234-9114 -- Fax (219) 234-9306

The Tribal Council has renewed the lease for the South Bend office for another year beginning December 1st, 2000. The Council has requested the office be staffed in accordance with the following schedule:

- Monday USDA Commodities
- Tuesday Housing/Social Services
- Wednesday Education
- Thursday Behavioral Health / IHS
- Friday Open

All newsletter submissions are due by the 12th of each month. Please mail them to:

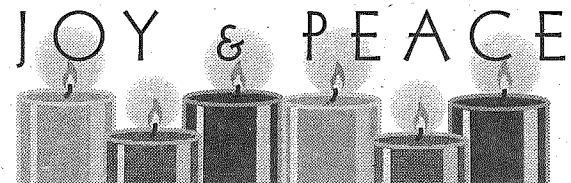
**Newsletter
 c/o Ginny Wesaw
 P.O. Box 180
 Dowagiac, MI. 49047**



**ATTENTION!
 ATTENTION!
 ATTENTION!
 ATTENTION!**

The Pokagon Band Head Start offices have Moved!
 Please visit us at our new location at:

701 Spruce Street
 Unit B.
 Dowagiac, MI. 49047
 Ph.(616)783-0026



POKAGON BAND OFFICE LISTING

*Mailing address for all offices is:

P.O. BOX 180
 DOWAGIAC, MI. 49047

ELDER'S HALL/TRIBAL CHAIRMAN

53237 TOWN HALL ROAD
 DOWAGIAC, MI. 49047
 (616) 782-6323 OR TOLL FREE (888) 376-9988
 FAX (616) 782-9625

**ADMINISTRATION,
 RESOURCE DEVELOPMENT
 AND SOCIAL SERVICES**

901 SPRUCE STREET
 DOWAGIAC, MI. 49047
 (616) 782-8998 OR TOLL FREE (800) 517-0777
 FAX (616) 782-6882

FINANCE

109 COMMERCIAL STREET
 DOWAGIAC, MI. 49047
 (616) 782-0160 OR TOLL FREE (800) 658-9414
 FAX (616) 782-1028

HEALTH SERVICES

210 SOUTH FRONT STREET
 DOWAGIAC, MI. 49047
 (616) 782-4141 OR TOLL FREE (888) 440-1234
 FAX (616) 782-8797

EDUCATION

901 SPRUCE STREET
 DOWAGIAC, MI. 49047
 (616) 782-0887 OR TOLL FREE (888) 330-1234
 FAX (616) 782-0985

HEAD START

701 SPRUCE STREET, UNIT B.
 DOWAGIAC, MI. 49047
 (616) 783-0026
 FAX (616) 782-9795

ENROLLMENT

104 NORTH RIVERSIDE DRIVE
 DOWAGIAC, MI. 49047
 (616) 782-1763 OR TOLL FREE (888) 782-1001
 FAX (616) 782-1964

BEHAVIORAL HEALTH

56332 M-51 SOUTH
 DOWAGIAC, MI. 49047
 (616) 782-1142 OR TOLL FREE (877) 622-2663
 FAX (616) 782-1653

FOOD COMMODITY PROGRAM

52366 M-51 NORTH
 DOWAGIAC, MI. 49047
 (616) 782-3372 OR TOLL FREE (888) 281-1111
 FAX (616) 782-7814

SOUTH BEND OFFICE

425 NORTH MICHIGAN STREET
 SOUTH BEND, IN. 46634
 (219) 234-9114 OR TOLL FREE (800) 737-9223
 FAX (219) 234-9306

HOUSING AUTHORITY

714 NORTH FRONT STREET
 DOWAGIAC, MI. 49047
 (616) 783-0385 OR TOLL FREE (877) 983-0385
 FAX (616) 783-0195

**POKAGON
YAJDANAWA**



**Pokagon Band of Potawatomi Indians
P.O. Box 180
Dowagiac, MI 49047**